

SUNDAY, DECEMBER 7

TONE 1

26th Sunday after Pentecost (11th of Luke), St. Ambrose, Bishop of Milan

"Lord I Call..." Tone 1

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,
when I call upon You!//

Hear me, O Lord!

Let my prayer arise
in Your sight as incense,
and let the lifting up of my hands
be an evening sacrifice!//

Hear me, O Lord!

v. (10) Bring my soul out of prison, that I may give thanks to Your Name!

Tone 1 *(for the Resurrection)*

Accept our evening prayers, O holy Lord!

Grant us remission of sins,//

for You alone have manifested the Resurrection to the world.

v. (9) The righteous will surround me, for You will deal bountifully with me.

Encircle Zion

and surround her, O people!

Give glory in her to the One Who rose from the dead!

For He is our God,//

Who has delivered us from our transgressions!

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

Come, O people,

let us hymn and fall down before Christ,

glorifying His Resurrection from the dead!

For He is our God,//

Who has delivered the world from the Enemy's deceit!

v. (7) Let Your ears be attentive to the voice of my supplications!

(Resurrection stichera by Anatolius)

Be glad, O heavens!
Sound trumpets, O foundations of the earth!
Sing in gladness, O mountains!
Behold Emmanuel has nailed our sins to the Cross!
Granting life, He has slain death.//
He has resurrected Adam as the Lover of man.

v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

Let us praise Him
Who voluntarily was crucified in the flesh for our sake.
He suffered, was buried, but rose from the dead.
By Orthodoxy confirm Your Church, O Christ.//
Grant peace for our life as the gracious Lover of man.

v. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.

We stand before Your life-bearing tomb unworthily, O Christ God,
offering glory to Your ineffable compassion.
You have accepted the Cross and death, O sinless One//
to grant Resurrection to the world as the Lover of man.

v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

Let us praise the Word,
co-eternal with the Father.
He ineffably came forth from the virginal womb.
He freely accepted the Cross and death for our sake.
He was raised in glory.//
Glory to You, O lifegiving Lord, the Savior of our souls!

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Tone 1 *(for St. Ambrose) (Joy of the Heavenly Hosts)*

Adorned with virtue, O faithful steward,
you wisely governed both the city and the Church.
The faithful of Milan, inspired by the Holy Spirit,
chose you, their earthly judge, to be their shepherd.//
Therefore you are glorified with a twofold crown.

V. (2) Praise the Lord, all nations! Praise Him, all peoples!

You cleansed your soul and body, O Ambrose, wise in God,
by abstinence and endurance,
by countless vigils and ardent prayers.
Thus, you became a chosen vessel for Christ God,//
equal to the Apostles, with whose gifts you were endowed.

V. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.

Filled with boldness, O fearless Ambrose,
you rebuked the emperor's violence.
As Nathan reproved David for his sin,
so did you separate the king from the Church of Christ//
until he should bear the fruits of repentance.

*Glory to the Father, and to the Son, and to the Holy Spirit;
now and ever, and unto ages of ages. Amen.*

Tone 1 *(Theotokion – Dogmatikon)*

Let us praise the Virgin Mary!
The gate of heaven, the glory of the world!
The song of the angels, the beauty of the faithful!
She was born of man, yet gave birth to God!
She was revealed as the heaven, as the temple of the Godhead!
She destroyed the wall of enmity!
She commenced the peace; she opened the Kingdom!
Since she is our foundation of faith,
our defender is the Lord Whom she bore!
Courage! Courage! O People of God!
For Christ will destroy our enemies//
since He is all powerful.

Aposticha

Tone 1 *(for the Resurrection)*

We have been freed from sufferings
by Your suffering, O Christ.
We have been delivered from corruption
by Your Resurrection.//
O Lord, glory to You!

V. The Lord is King; He is robed in majesty!

Let creation rejoice!
Let the heavens be glad!
Let the nations clap their hands with gladness,
for Christ our Savior has nailed our sins to the Cross.
Slaying death, He has given life.//
He has resurrected fallen Adam as the Lover of man.

V. For He has established the world, so that it shall never be moved.

As King of heaven and earth,
You were voluntarily crucified in Your love for man.
Hell was angered when it met You below.
Adam rose seeing You, the Creator, under the earth.
O wonder! How has the Life of all tasted death?
You enlightened the world which cries://
O Lord, Who rose from the dead, glory to You!

V. Holiness befits Your house, O Lord, forevermore!

The myrrhbearing women came with haste to Your tomb,
bearing myrrh and lamenting.
Not finding Your most pure body,
they learned from the angel of the new and glorious wonder.
They told the Apostles://
“The Lord is risen, granting the world great mercy.”

*Glory to the Father, and to the Son, and to the Holy Spirit;
now and ever, and unto ages of ages. Amen.*

Tone 1 *(Theotokion)*

Behold, Isaiah's prophecy is fulfilled,
for the Virgin gave birth, yet remained a Virgin!
God was born, and so nature was restored anew.
Do not despise the entreaties of your servants, O Mother of God!
We offer them to you in your temple.
Since you carried in your arms the compassionate One,
have compassion on your servants,//
and pray that our souls may be saved!

(at Great Vespers) **Tone 1** **Troparion** *(Resurrection)*

When the stone had been sealed by the Jews,
while the soldiers were guarding Your most pure body,
You rose on the third day, O Savior,
granting life to the world.
The powers of heaven therefore cried to You, O Giver of Life:
"Glory to Your Resurrection, O Christ!
Glory to Your Kingdom!//
Glory to Your dispensation, O Lover of mankind!"

Glory to the Father, and to the Son, and to the Holy Spirit,

Tone 4 **Troparion** *(St. Ambrose)*

In truth you were revealed to your flock as a rule of faith,
an image of humility and a teacher of abstinence;
your humility exalted you;
and your poverty enriched you.
O Hierarch Father Ambrose,
entreat Christ our God//
that our souls may be saved!

now and ever, and unto ages of ages. Amen.

Tone 4 **Resurrectional Dismissal Theotokion**

The mystery of all eternity,
unknown even by Angels,
through you, O Theotokos, is revealed to those on earth:
God incarnate by union without confusion.
He voluntarily accepted the Cross for us,
by which He resurrected the first-created man,//
saving our souls from death.

(at the Divine Liturgy)

Tone 1 Troparion *(Resurrection)*

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while the soldiers were guarding Your most pure body,
You rose on the third day, O Savior,
granting life to the world.
The powers of heaven therefore cried to You, O Giver of Life:
“Glory to Your Resurrection, O Christ!
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an image of humility and a teacher of abstinence;
your humility exalted you;
and your poverty enriched you.
O Hierarch Father Ambrose,
entreat Christ our God//
that our souls may be saved!

Tone 1 Kontakion *(Resurrection)*

As God, You rose from the tomb in glory,
raising the world with Yourself.
Human nature praises You as God, for death has vanished.
Adam exults, O Master!
Eve rejoices, for she is freed from bondage and cries to You://
“You are the Giver of Resurrection to all, O Christ!”

Tone 3 Kontakion *(St. Ambrose)*

You shone forth with divine doctrine, eclipsing the deception of Arius,
O shepherd and initiate of the mysteries, Ambrose.
You worked miracles through the power of the Spirit,
healing various passions;//
righteous Father, entreat Christ our God to grant us His great mercy.

Tone 1 Prokeimenon *(Resurrection)*

Let Your mercy, O Lord, be upon us / as we have set our hope on You! *(Ps. 32:22)*

V. Rejoice in the Lord, O you righteous! Praise befits the just! (Ps. 32:1)

Epistle
(229) Ephesians 5:9-19

Tone 1

Alleluia, Alleluia, Alleluia.

V. God gives vengeance unto me, and subdues people under me. (Ps. 17:48)

V. He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever. (Ps. 17:51)

Gospel
(85) Luke 17:12-19 *(from the 27th Sunday)*

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! *(Ps. 148:1)*
Alleluia, Alleluia, Alleluia!

Prepared by the Department of Liturgical Music and Translations, Orthodox Church in America.